

# 2025 PNC TOUR de LOU RIDER GUIDE



PNC

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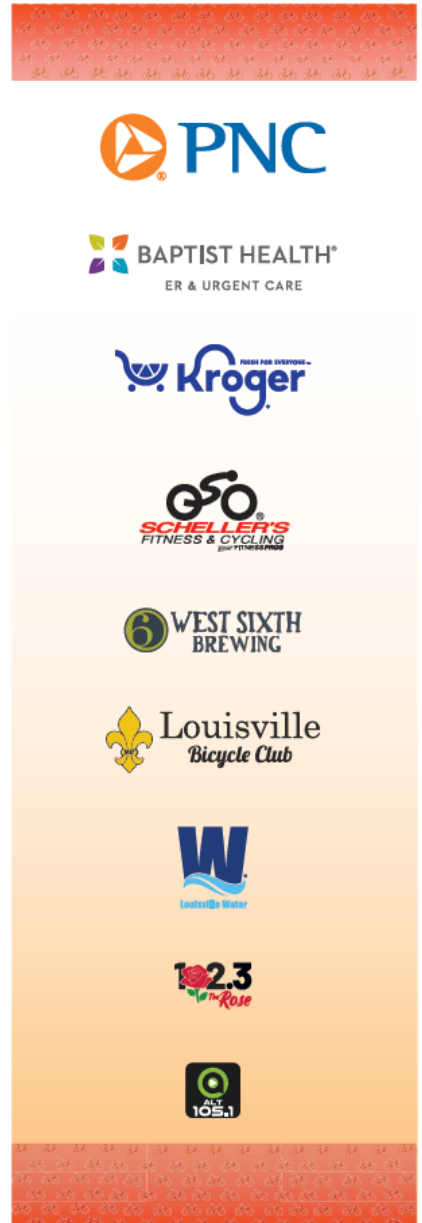
# WELCOME

Welcome to the 2025 PNC Kentucky Derby Festival Tour de Lou.

Tour de Lou is in its 12th year and is a fully supported event for a range of riders, whether you're a novice cyclist, weekend warrior or avid enthusiast. We are excited to host the ride at Louisville's Belvedere on Saturday, April 19th.

Riders can choose a 20-, 35-, or 62.1-mile route. There are Rest Stops along the way with a Post Ride Party at the finish including beer (ages 21+), fried chicken and sweet treats. All routes start and finish at the Belvedere.

Be sure to join us on [Kentucky Derby Festival | Louisville KY | Facebook](#) and check the website at [KDF.org](#) for additional information about the ride.



# PACKET PICK-UP OVERVIEW

## Early Packet Pick-up

Thursday, April 17

4 PM – 7 PM

Friday, April 18

9 AM – 7 PM

West Sixth Brewery  
817 E Market Street  
Louisville, KY 40206

## Ride-Day Packet Pick-up

Saturday, April 19th

7 AM – 8 AM

The Belvedere  
141 N 6th Street  
Louisville, KY 40202

# RIDE-DAY OVERVIEW

## Ride-Day Schedule

Saturday, April 19

6:30 AM – 4 PM

6:30 AM

Venue Opens

- Onsite PPU
- Bag Check
- Medical Services
- Bike Maintenance

8:00 AM

62.1-Mile Ride Starts

8:15 AM

35-Mile Ride Starts

8:30 AM

20-Mile Ride Starts

9:30 AM

Post Ride Party Begins

Finish Line

We encourage family and friends to come and cheer on the riders as they finish! All riders receive their 2025 Finishers Medal when they cross the Finish Line.

# RESOURCES

There will be Rest Stops with food, water and bike services as well as restrooms located every 15-20 miles. There will be Support and Gear vehicles (SAG) and mechanical support on the course to assist riders in need.

At intersections, **PLEASE USE EXTREME CAUTION**. There will be law enforcement assisting at particular locations, but they will not be at every turn. It is your responsibility to look both ways and use best judgment when making a turn.

## Rider Hotline

Out on the course and need assistance? It could be for reasons such as mechanical, non-emergency medical, or help with directions. Call our rider hotline and we will get a support vehicle to your location ASAP! That number is **502-572-3858** and it is also on your wristband so you always have it on you while riding.



## Ride With GPS

Cue sheets and route navigation on your device are available. We use Ride With GPS to host the event maps. If you have either the app or an account, please click on the following link - [RWGPS LINK](#). A limited number of printed cue sheets will be available. If you prefer to have them.

Please note all routes are subject to change per local law enforcement. Always follow the course signage.

## GPX Files

Riders should download the event GPX files and ensure they are ready to go on their device for ride day.

To download for your device, scroll down to the Ride With GPS map for your desired distance and select it. Then click the orange button at the top of the map that says "Send to Device."

# COURSE RESOURCES

## COURSE SIGNAGE

The course will be fully marked with signage for each distance. Be on the lookout for oversized signs with special instructions at route deviation points.



## SAG

SAG teams are responsible for patrolling designated sections of the course, offering essential support to participants throughout their journey. Whether it's assisting with a flat tire, supplying water between Rest Stops, or responding to incidents with medical aid and scene safety, their efforts are crucial to ensuring a smooth, safe, and successful event experience for everyone involved.

# REST STOP OVERVIEW

A rest stop is an area along the course where the riders can stop, rest, consume calories/hydrate, use the restroom, get bike mechanical support, and if necessary, get minor medical care. The rest stops are typically on the right side and located roughly 10-15 miles apart from one another.

RS ID	LOCATION	VOL GROUP	ROUTE(S)	MILE MARKER
Rest Stop A	Wayside Park	Bike MS	20, 35, 62.1	All Routes: Mile 12
Rest Stop B	Fairdale Fire Dept	Breakthrough T1D	62.1	62.1: Mile 39
Rest Stop C	Kentucky Derby Festival	Bike to Beat Cancer	20, 35, 62.1	20: Mile 16 35: Mile 22 62.1: Mile 50
Rest Stop D	Cherokee Golf Course	Olmsted Parks Conservancy	35, 62.1	35: Mile 28 62.1: Mile 56.5





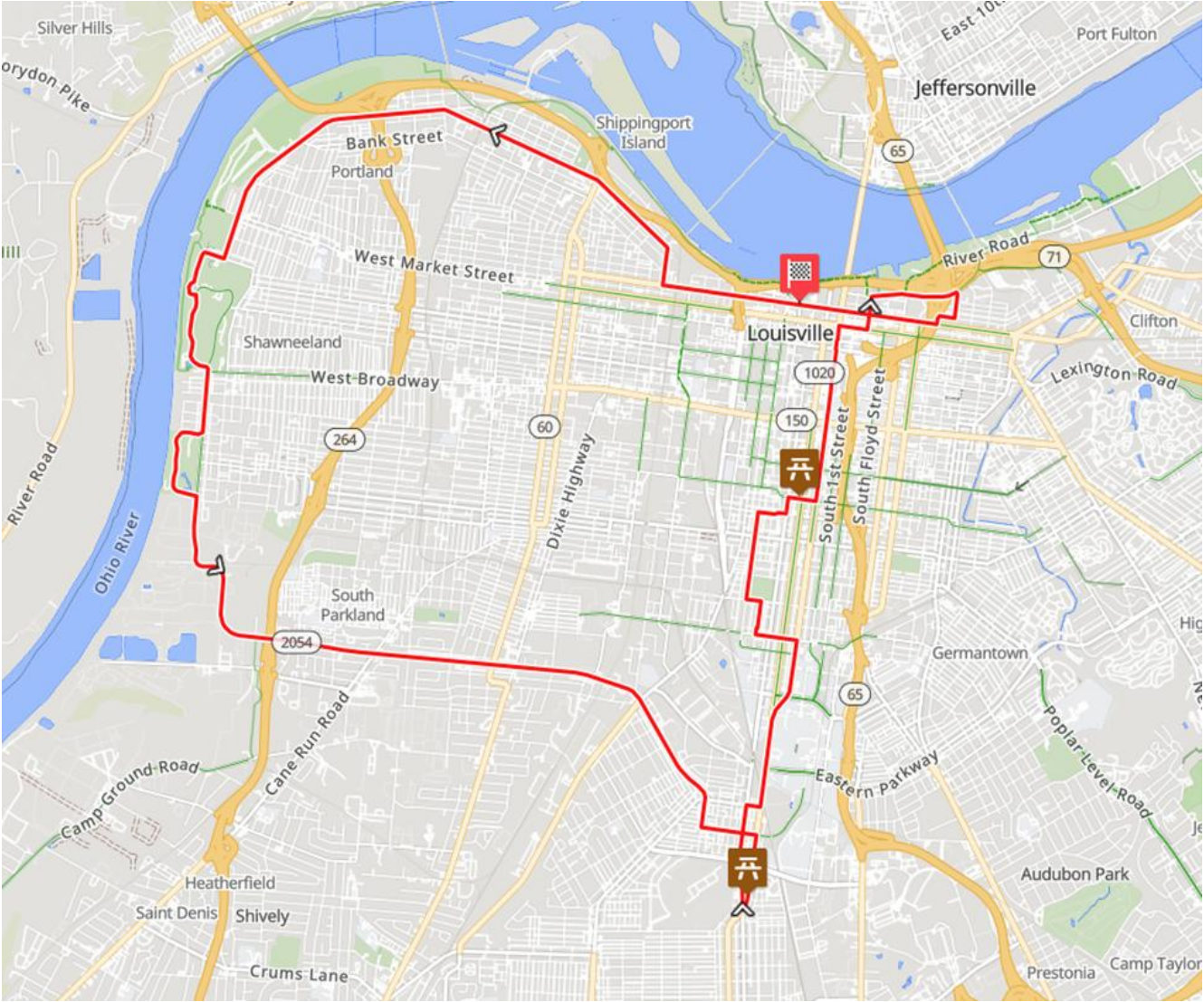
# SAFETY

## Bike Etiquette & Safety

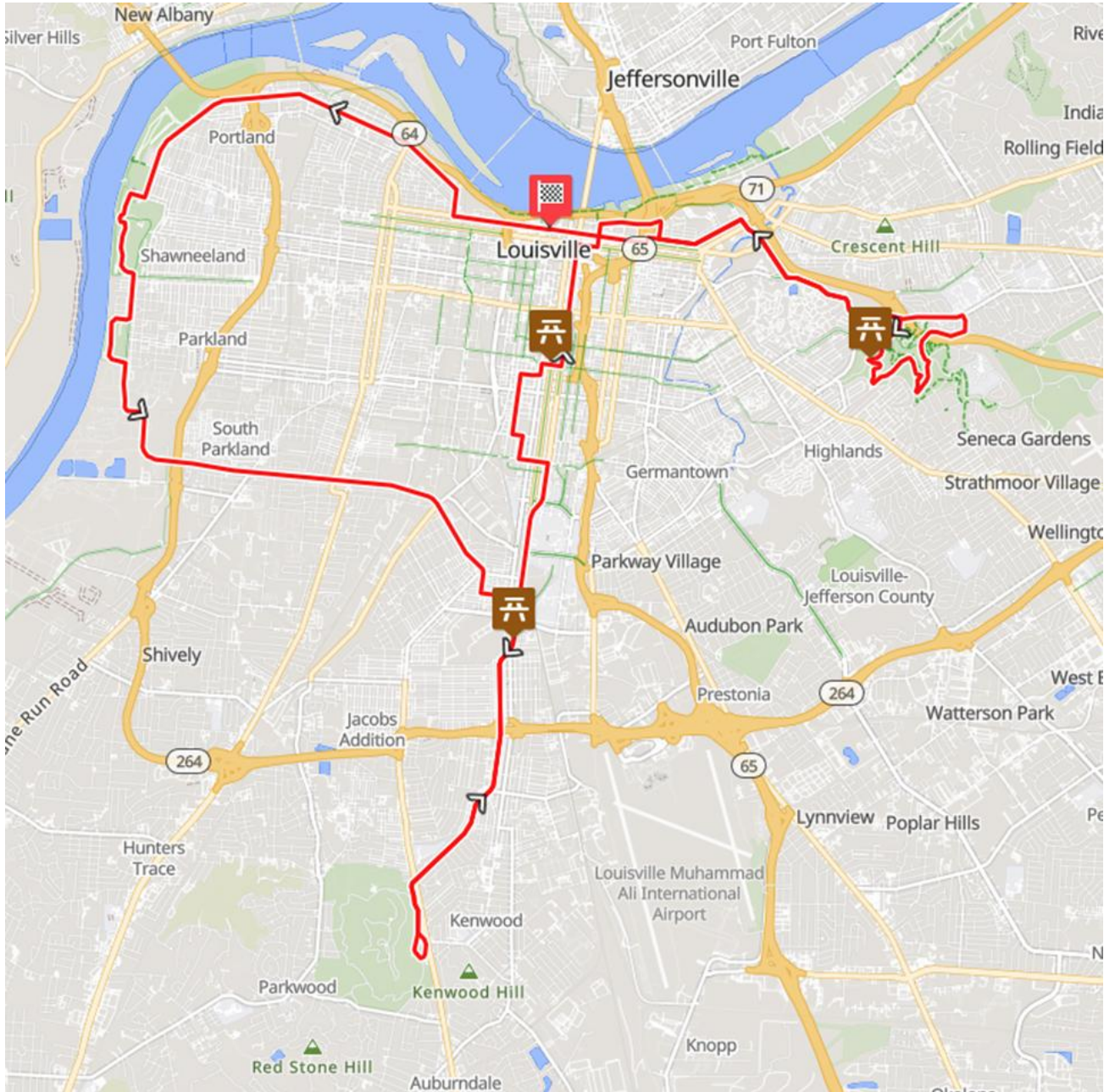
Please obey the rules of the road and respect other people you encounter along the route. Below, you will find some general road riding etiquette rules that should be followed to create a safe environment for all involved. Please review the content, as your safety is our #1 priority.

1. WEAR A HELMET AT ALL TIMES.
2. Follow the Rules: Follow all traffic laws that an automobile driver would observe, which includes, but is not limited to, stopping at red lights, stop signs and yielding to pedestrians. In some cases, a police officer stationed at an intersection will give the riders the right of way — in this case, it is okay to proceed with caution. **DO NOT PROCEED UNTIL THE OFFICER MOTIONS YOU.**
3. Radio Devices: Headphones, phones, radios and other devices are NOT permitted while riding.
4. Be Predictable: Smooth, consistent riding is the key to ensuring everyone feels comfortable and that you are not a hazard to yourself or anyone else.
5. Know Your Limitations: **UTILIZE THE COURSE SUPPORT PROVIDED** – There will be Rest Stops with food and hydration, along with mechanical support, roughly every 10-20 miles. There will also be SAG vehicles along the course that will assist with your ride.
6. Call Out Any Change: Call out “Slowing”, “On Your Left/Right”, “Car Up”, “Car Back”, etc.
7. Signal: Be sure to signal with your hands or voice so that everyone knows your intentions.
8. **DO NOT** Overlap Wheels: Be aware of those around you and pay attention to the position of your front wheel vs. their back wheel.
9. Ride Single-File or Two-Abreast: Tour de Lou is a ‘rules of the road’ ride, which means the roads are open to traffic. Please do not endanger yourself and others by riding more than two abreast and inconveniencing the local citizens who allow us to ride through their community.
10. Stay to the Right: Ride as far to the right as is practical, unless making a lefthand turn or avoiding hazards in the road. If you must stop, do your best to move off the road when you stop.
11. Leave No Rider Behind: If you are riding with a group and get separated at an intersection do not stop in the bike lane to wait for them. Pull completely off the road or “soft pedal” (pedal slowly) until they catch up.

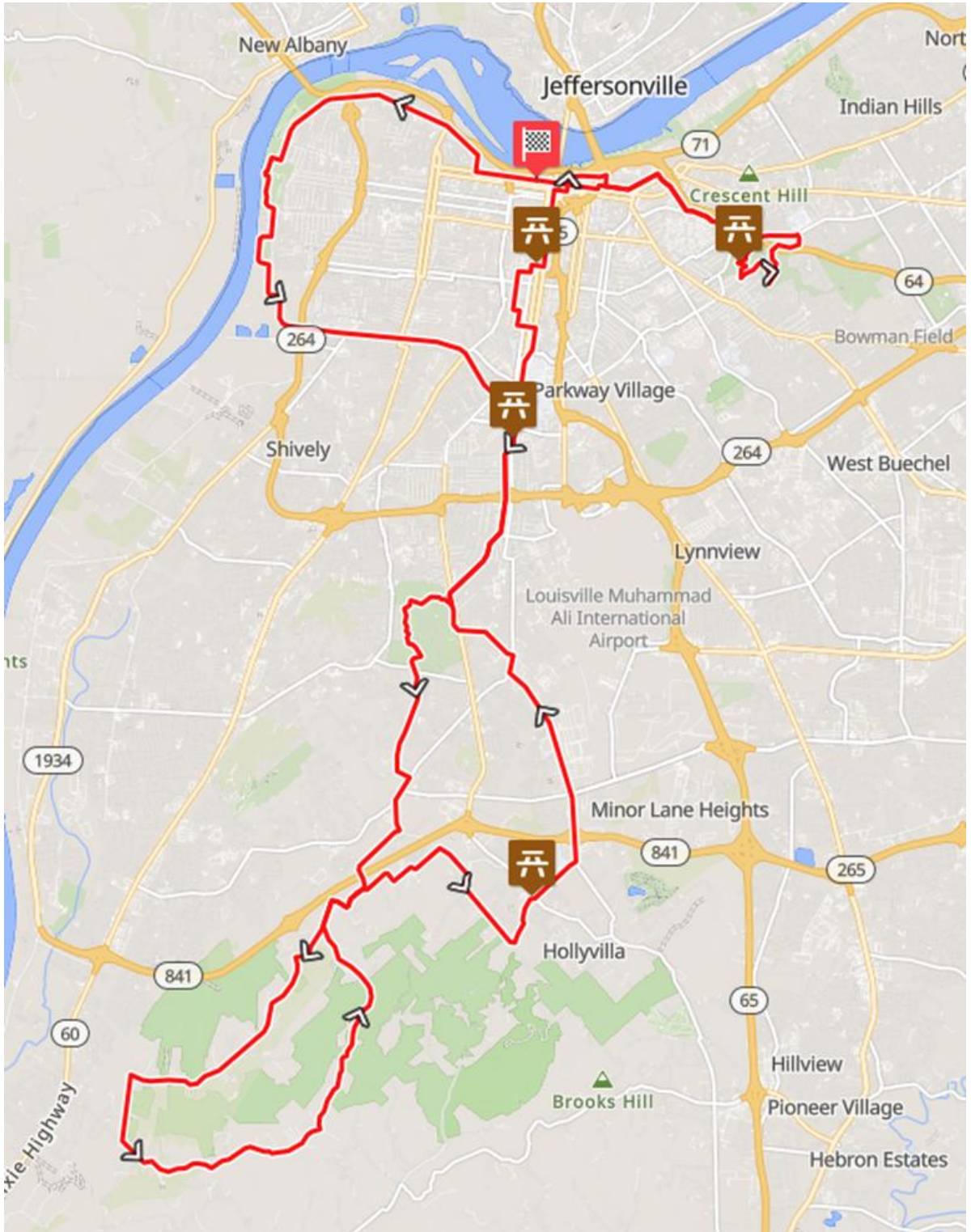
# 20-MILE ROUTE



# 35-MILE ROUTE



# 62.1-MILE ROUTE



# THANK YOU for RIDING

